



# **Improvisation Workshop**

By John Hudson

## **Improvisation is pure creativity**

There are many phrases used to describe what we do when we improvise: Brain storming, think tank, ad lib, let's play it by ear, take it as it comes, and make it up as we go along. Whatever the phrase, **Improvisation** has been with us ever since we started using our brains to make life better. It is part of our core being and helps us assimilate into our world. Therefore the study of the skills and techniques of improvisation can strongly influence one's competence in business, personal life, and in the arts.

The art of Improvisation is one of reacting, of making and creating, in the moment and in response to the stimulus of one's immediate environment. This can result in the invention of new thought patterns, new practices, new structures or symbols, and new ways to act. This invention cycle occurs most effectively when the practitioner has a thorough intuitive and technical understanding of the necessary skills and concerns within their domain.

The skills of improvisation can apply to many different abilities or forms of communication and expression across all artistic, scientific, physical, cognitive, academic, and non-academic disciplines.

An Improvisation workshop involves learning the arts, of listening, unblocking one's mind, accepting other's ideas, transformational energy and positive presence. The workshops are fun, funny, easy to pick up and always inspiring. The energy is fully creative and the lesson's learnt are instantly applicable to one's life.

John Hudson has been performing improvisation shows and training improvisors since the 70's. He was awarded a scholarship to Keith Johnstone's Loose Moose theatre in the 80's by New Zealand Theatersports, and subsequently trained the trainers in New Zealand and helped develop improvisation as a viable performance business. He also helped develop the corporate improv training programme for businesses.

John came to Europe through his work in an Improv comedy duo and helped establish some of the formative improv groups in Germany in the early 90's which are still running. After moving permanently to Germany in the late 2000

he became involved in the TV business and has been working as an expert, advising on many TV shows that use improv as a comedic art form. Such as Schillerstraße, Frei Schnauze and Thank God your here!

John is based in Köln and works throughout Europe and Australasia as a trainer and improvisation specialist. He is currently developing a new improvisation show called Dub TV and is working with the Springmaus ensemble as their Improv advisor as well as training business people.

Some of his clients have been:

Air New Zealand. Granada TV. Pro Sieben. Hurricane Fernsehen.  
RTL. WDR. Grundy Entertainment. Siemens. WILO. Coca Cola.  
TVNZ. Montana Wines. Cadburys. Bosch. Rothmans. BNZ.  
Deutsche Post. Deutsche Telekom. Greenhill. McKinsey & Company.